## Wind City Physical Therapy Intake Form

### Physical Therapy Intake Form

Name:			Date of Birth:
Billing Address:	Apt./Unit #:	City:	State: Zip Code:
Gender:		Social Security #:	
Home Phone:	Mobile Phone:	Email Address:	Add to eNewsletter List
Employer:	mployer:		ork Phone:
Preferred mode of co c Home Phone c Mo c Email Address	ommunication: Obile Phone င Work Phone	May we leave a mess	sage?
Preferred Language	<b>:</b> :		
c English		င Spanish	
○ Other			
If other, specify:			
Emergency Contact	:		
Name:		Re	elationship:
Telephone #:		Alt. Phone:	
gning this form confirn	ns my authorization to disclos	e protected health infor	mation for medical purpose.
Check below the pr	otected health information	you (the patient) aut	horize to be disclosed:
റ All medical inform	ation	○ None	
င Only the following			

5. Authorization will end	•		
င Until revoked		○ Deceased	
○ Specified date			
If specified date, spec	ify:		
6. Do you have Medical I	nsurance?		
c Yes			
○ No			
7. Primary Insurance			
Primary Insurance Comp	any	Mem	ber ID / Policy #
Group Number			
Client Relationship to Ins			
Insured Name	Insured Phone #	Insured Date of Birth	Insured Gender o Female o Male
Insured Street Address	Insured City	Insured State	Zip Code
Do you have secondary i	nsurance?		
8. Secondary Insurance			
Secondary Insurance Cor	mpany Member ID /	/ Policy # Grouր	o Number
Client Relationship to Ins			
Insured Name	Insured Phone #	Insured Date of Birth	Insured Gender ← Female ← Male
Insured Street Address	Insured City	Insured State	Zip Code
9. Is your insurance thro	ugh your job?		
o Yes			
o No			

I authorize the release of a	any medical information ne	cessary to process my claim and payment o	f benefits
Signa	ature	 Date	
10. What concern brings yo	u in today?		
11. Inciting injury or trauma	a?		
c Yes			
○ No			
12. Date of Onset/Injury:			
13. If yes, describe:			
14. Is your injury:			
റ Auto related		င Work Related	
് Accident Related			
15. Have you had surgery fo	or this condition?		
c Yes			
c No			
If yes, date of surgery?			
16. If yes, please describe s	urgery:		
17. Are your symptoms:			
c Improved		c Worse	
င Stable			
18. Please indicate if you ha	ave any of these concern	s:	
□ Pain	□ Decreased Mobility	√ □ Swelling/Edema	
☐ Stiffness	☐ Loss of function		

#### 19. If you have pain, is it:

□ Sharp?

□ Burning?

□ Intermittent?

☐ Superficial?

□ Other If other, specify:

#### 20. How severe is your pain: 0= no pain, 10= excruciating pain?

□ Dull?

☐ Stabbing?

☐ Constant?

0

0.2

c 4

o 6

C 10

C 8

 $\circ$  1

☐ Shooting?

□ Tingling?

□ Deep?

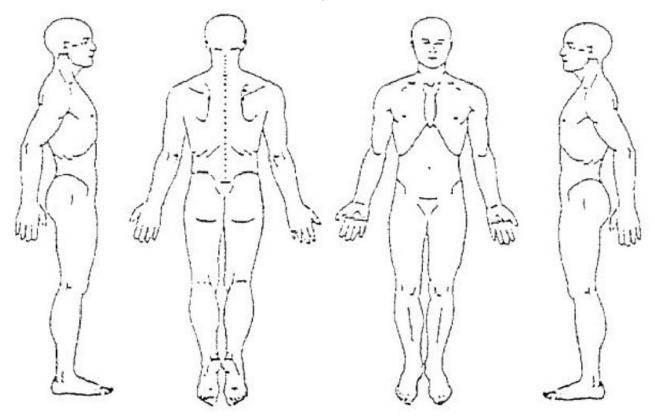
 $\circ$  3

C 5

c 7

 $\circ$  9

**21.**Indicate on the chart below the location(s) of the problem:



#### 22. Is this problem affecting your daily life?

O Yes

C No

23. If yes, please explain:				
24. Have you undergone any special tes	sts for this condition?			
c Yes				
c No				
25. If yes, please explain and include d	iagnosis:			
26. Have you been treated for this prob	lem before?			
c Yes				
c No				
27. If yes, have you been treated with:				
င Physical Therapy	○ Massage			
င Chiropractor	င Exercise			
င Pilates	င Trigger Point Injection			
arepsilon Medication	○ Surgery			
c Other				
If other, specify:				
28. Did this help?				
c Yes				
c No				
29. Explain:				
30. Are you receiving home health serv	ices?			
c Yes				
c No				
31. What goal(s) do you have for your p	hysical therapy sessions?			

## Medical and Health History

# 32. How would you rate your physical health? © Excellent © Fair © Poor

#### 33. Please answer the following questions:

	Yes	No
Do you experience dizziness/lightheadedness?		
Have you had any falls over the past year?		
Do you have problems with coordination?		
Do you have blurred vision or other vision changes?		
Do you have a hearing impairment?		
Have you had a sudden change in bladder/bowel habits?		
Have you had a recent change in weight or appetite?		
Do you have any heat or cold intolerance?		
Do you have nausea/vomiting?		
Do you have bruising or bleeding problems?		
Do you have shortness of breath or decrease in exercise tolerance?		
Do you have osteoporosis/osteopenia?		
Do you have any implanted devices?		
Do you have a history of seizures?		
Do you have recurrent headaches?		
Do you have high blood pressure?		
Do you have any heart problems?		
Do you have diabetes?		
Are you (or could you be) pregnant?		
Have you had cancer?		
Do you have a thyroid problem?		
Have you been exposed to environmental toxins?		
Do you have a history of COPD or lung problems?		
Do you have a diagnosed neurological disease? ie Parkinsons, MS		
Do you have a diagnosed autoimmune disease?		
In the past month have you felt down or depressed?		
In the past month have you lost interest in doing things?		

34. Past surgeries?				
∩ Yes				
○ No				
35. If yes, please list:				
36. Do you smoke?				
o Yes	c No			
o Past				
37. Drink alcohol?				
c Yes	c No			
c Past				
38. Drink caffeine?				
o Yes	○ No			
c Past				
If yes, how many cups/day?				
39. Use pain medications?				
ဂ Yes	o No			
o Past				
If yes, what medication?				
40. Use recreational drugs?				
o Yes	○ No			
○ Past				
If yes, what drug/s?				
41. Are you employed?				
c Yes				
c No				

42. Occupation:			
43. Are there any physical demand	s of your job?		
c Yes			
c No			
44. If yes, please explain:			
45. Activity level:			
റ Sedentary	င Light		
္ Moderate	ဂ Active		
© Extremely Active			
46. If active, indicate the type and	duration of exercise/sports:		
Family History			
47. Does anyone in your family (pa	rent or sibling) have a history of:		
		Yes	No
Diabetes			
High Blood Pressure			

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**Heart Problems** 

Cancer